

Discharge Instructions after High Dose-Rate Radiation Treatment

Symptoms

Contact your clinic doctor or nurse if you have any of the symptoms listed below. You may call the clinic at 1-844-632-2278 Monday through Friday from 8 a.m. to 5:00 p.m. After regular business hours, and on weekends and holidays call, 1-844-632-2278 and ask the operator to page the radiation oncologist on call.

- A large amount of bleeding (a small amount of bleeding is normal)
- A temperature of 100.4 degrees Fahrenheit or higher
- If you are unable to urinate at _____ a.m. / p.m. (You should urinate within eight hours after removal of the catheter.)
- Pain that does not improve after taking medicine
- Nausea and vomiting that does not improve after taking medicine

Special Instructions

- After discharge, drink only clear liquids. As you begin to feel better, you may try to drink your usual fluids and drinks.
- You may shower 24 hours after discharge, but do not get in a hot tub or whirlpool.
- Do not have sexual intercourse until you have completed treatment.
- Because you were sedated, wait 24 hours after you are discharged to drive an automobile.

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Adapted from Discharge Instructions After High Dose-Rate Radiation Treatment, Revised 01/20/16
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