

# Patient Education

Robert and Margaret Hill Breast Center



## Biopsy Discharge Instructions

**Biopsy:** Your biopsy results will be available in 2 to 4 business days. You will receive your results from your referring physician or the Hill Breast Center.

**After procedure:** You will be provided ice packs to apply to your biopsy site. Put the ice pack on your site off and on for 30 minutes until bedtime. You do not have to use them when you are sleeping.

### Important Information:

1. You may take acetaminophen such as Tylenol® for pain
2. Keep the area clean and dry.
3. You may remove the ace wrap the morning after the biopsy.
4. You may take a shower after 24 hours but **do not** soak in a tub, pool, ocean or lake for 3 days.
5. **Do not** lift anything over 10 pounds or perform physical labor for 48 hours
6. There may be bruising in the area where the biopsy was taken. This is normal and will slowly go away.

### When to call the Hill Breast Center

Call the Hill Breast Center if you have any of the following symptoms:

1. Temperature greater than 100° degrees Fahrenheit
2. Excessive pain or discomfort
3. Redness, swelling or any discharge at the injection site
4. Continuous bleeding from the biopsy site, even after applying continuous pressure for 30 minutes.

### Hill Breast Center:

Monday - Friday 7:30 a.m. to 4 p.m. / 904.202.2499 /904.202.7460

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*Adapted from Ultrasound Biopsy Discharge Instructions, Revised 8/30/16  
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