Patient Education



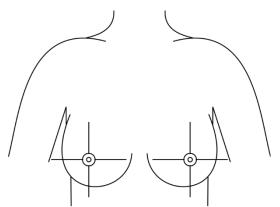
EMLA Cream for SLNB

Purpose: EMLA cream is used to decrease pain from sentinel lymph node biopsy injection. The cream is placed on intact skin at least 1 hour prior to scheduled injection. This injection will be scheduled either the afternoon prior to surgery or the morning of surgery. Date and time of this appointment will be provided by your surgery scheduler.

How to Apply:

- 1. Wash hands before applying EMLA Cream.
- 2. Apply a half dollar size amount of cream to the areola. (This will be on the breast with cancer).
- 3. Do **not** rub in the EMLA cream.
- 4. Cover the area with a plastic dressing, such as plastic wrap. This will prevent cream from absorbing into clothing.
- 5. Wash hands after application.

Please note: EMLA cream should only be used on normal, unbroken skin. Do not use on scratched or broken skin. Do not use if you are allergic or sensitive to numbing medications. Do not use near mouth, eyes, or ears.



Possible Side Effects:

- Burning
- A change in hot or cold sensation
- Pale skin
- Redness or swelling at the application site

If these side effects occur, wipe the EMLA cream off the skin with a tissue or towel. You may wash the site with mild soap and water.

The above information includes some, but not necessarily all of the possible side effects of this medication. Side effects may also vary if you are taking other medications. This document should not take the place of conversations with members of your health care team. If you experience any significant change in your health during or after treatment, please contact a member of your health care team right away.