



Patient Name: _____ Surgeon: _____

Ambulatory Center BMDA Instructions

Your PACE appointment is scheduled for

Baptist Jacksonville, PACE is located on the second floor of the Outpatient Center, 1235 San Marco Blvd., Jacksonville, FL 32207, Phone 904.202.9171

PACE stands for Pre-Admission Clinical Evaluation. This is a pre-surgical evaluation and education of a surgery or procedure for inpatients or outpatients. You will be registered for your surgery during this appointment. **This is a scheduled appointment that will take one to two hours. You don't have to fast for this appointment.** A registered nurse will meet with you to review your medical history and give you preoperative instructions, including information about the tests required and needed for your surgery.

PLEASE BRING THE FOLLOWING TO YOUR PACE APPOINTMENT:

- Copies of any recent lab, ECG, or notes from any doctor providing approval for the procedure
- Insurance card and photo ID
- A complete list of your medications and supplements, including dosages
- Copies of your living will (if you have one) and if you have not previously provided it to the hospital

******* PLEASE NOTE *******

If you are unable to make it to your PACE appointment, call your scheduling doctor to notify them as soon as possible and reschedule your appointment. If you arrive more than 30 minutes after the scheduled time, your appointment may need to be rescheduled through your doctor's office. If you are delayed due to being in your doctor's office, have the office call PACE to notify us of the delay.

If you need more medical or cardiac tests, your doctor's office will notify you.

FAILURE TO SHOW UP FOR THIS APPOINTMENT MAY RESULT IN CANCELLATION OF YOUR SURGERY***

****If you need to reschedule this appointment, please call (904) 202-6276****

INFORMATION ABOUT COVID TESTING:

COVID 19 Pre-Surgical Testing: Date: _____

- ❖ *Baptist Outpatient Center/PACE 1235 San Marco Blvd Registration Floor 1 JACKSONVILLE, FL. 32207*
 - **Walk-in services between 8:00 a.m. and 4:00 p.m.**
 - **Open parking in front of the building**
- ❖ *Baptist Medical Pavilion 836 Prudential Drive Lab Floor 1 JACKSONVILLE, FL. 32207*
 - **Walk-in services between 8:00 a.m. and 2:00 p.m.**
 - **Please park in garage P2**



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Please contact the office immediately

IMPORTANT INFORMATION:

Discontinue all aspirin products and aspirin-containing products; including NSAIDs, such as Motrin, Ibuprofen, Aleve, Celebrex, vitamins, fish oils, and herbal supplements **5 days** before surgery. If you take any **prescription** blood thinners or an infant aspirin (81 mg), you will need to stop them unless otherwise instructed. We may need to obtain authorization from the doctor who prescribes your medications.

Pre-op visit at Dr. _____:Date: _____

Preoperative marking with Lee Cashman: Date: _____

❖ 1301 PALM AVENUE, 5th Floor Jacksonville, Fl. 32207

Your **SURGERY** is scheduled for: _____ Time of arrival: _____ Surgery: _____

You CANNOT eat anything, including solid foods, protein shakes, creams, milks, gum, candy, or mints **after midnight the day before** your procedure or surgery. You can drink only clear liquids: (water, flavored water, gelatin (except red or orange flavor), apple juice, cranberry juice (no pulp), ice pops (simple, no fruit or milk base), black coffee (nothing added) or tea (nothing added).

You can drink the clear liquids after **midnight up to 2 hours before your arrival time for surgery.**

On the day of your surgery, please go to:

❖ **Location:** *Baptist Outpatient Center/PACE 1235 San Marco Blvd Registration Floor 1 JACKSONVILLE, FL. 32207*

Take all medications the morning of surgery with a sip of water as per your PACE instructions.

The length of your hospital stay will vary depending on your surgical procedure. For specific information related to your hospital stay, talk more in detail with your surgical team.

Night before/morning surgery

- Store your bed with clean sheets
- Wash your hair. **Do not wash your hair the morning of surgery.**



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- Put on clean pajamas. ****Do not apply lotions or oils to the skin except on the face****
- **You SHOULD NOT** use a razor to shave your legs or remove hair from the surgical site. This could cause irritation.

Transportation:

A designated driver (family member or friend) will have to take you home after discharge. **You will not undergo the operation without a designated driver present.**

Dress:

Wear loose, comfortable clothing. A minimum amount of makeup is allowed. Contact lenses, false eyelashes, artificial limbs, tampons, all hair hooks, rings, watches, and other jewelry should be removed. You can wear dentures, glasses, hearing aids and wigs for surgery, waiting area.

Valuables:

Please leave all valuables (rings, watches, piercings, and all other jewelry) at home

POST-OP APPOINTMENT: Date: _____

Location: 1301 Palm Avenue, 5th Fl, Baptist MD Anderson Cancer Center

If you have questions about your surgery or experience an illness before surgery, call Yesenia Rodriguez M-F from 8 a.m. to 4 p.m. @ (904) 202-6276. After 5 pm and on weekends, call (904) 202-7300 and you will be connected with our doctor on call. Email: Yesenia.rodriguez@bmcjax.com * Fax (904) 393-7863