

## **BMDA Domeboro Soaks Instructions**

Supplies to stop at your pharmacy and pick up:

- Domeboro astringent solution powder packets
- Packages of sterile 4x4 pads

### **Directions for use:**

1. Dissolve 1 package in 12oz of warm water (to help to dissolve). Stir until fully dissolved; do not strain or filter.
2. Soak a sterile 4x4 pad in the solution.
3. Apply the soaked pad loosely to the irritated area and let sit for 15 to 30 minutes.
4. Remove the pad and throw it away.
5. Let area **AIR DRY** (Note: the air drying phase is just as important as the soaking phase).
6. Repeat this process 3 to 4 times daily, until area is no longer weeping.

### **Helpful Hints:**

- The 12oz of solution you initially mixed up may last you 3 to 4 days-Keep it covered in the refrigerator between uses. You may use it cold or warm to room temperature.
- If conditions worsen, fevers greater than 101 degrees, or any foul odor from the weeping are, discontinue use and consult your doctor.

### **NOTE:**

- **KEEP THIS AND ALL DRUGS OUT OF REACH OF CHILDREN**
- For external use only
- Do not cover compress with plastic to prevent evaporation
- In case of accidental ingestion, seek professional assistance and contact poison control center IMMEDIATELY