

Patient Instructions for HDR Ring Procedure with Valium

Before the Procedure

- It is okay to eat and drink normally before your procedure. Please make sure you take all your regularly scheduled medications.
- If you are between the ages of 12-55 you will be asked to take a urine pregnancy test or sign a pregnancy test waiver form, prior to your first procedure.
- Please arrive at the radiation oncology department 30 minutes before your scheduled time.
- Please alert us if you have a **latex allergy** or **iodine allergy**.
- You must have a driver bring you to your procedure and to take you home after the procedure.
- Please take 1-2 tablets of valium one hour before your procedure time. Do not do this on an empty stomach. Eat something with the pills.
- Take 800 mg ibuprofen one hour before procedure unless you have an allergy or contraindication to ibuprofen. Please let your provider know.
- Bring your Valium, home pain medications, and ibuprofen with you to your procedure in the event that you need to take another dose.
- Avoid sexual activity/inserting anything in your vagina for 1-2 days surrounding procedure.

After the Procedure

Common side effects include the following:

- Some urinary burning,
- Vaginal discharge
- Spotting

When to call your physician:

***** If you have any of the following symptoms please call your provider at 1-844-632-2278 both during and after hours*****

- Fevers greater than 100.4 F
- Severe pain
- Severe bleeding (soaking more than one maxi pad an hour)
- Inability to urinate
- Visible blood in urine
- Any other worrisome concerns