

## BMDA Pre Vasectomy Checklist

### General Urology Clinic

#### **If you have received this sheet, you will soon complete the following:**

1. Complete Vasectomy Counseling and physical screening exam.
2. Set a date for your Vasectomy.
3. Review and sign consent(s).

#### **If you have chosen to be pre-medicated for this procedure:**

1. Go to the pharmacy with your prescription and pick up Valium 10mg.
2. If you lose your Valium, you must come into the clinic 90 minutes before the procedure.
3. If you plan on taking the Valium, you must have a driver with you.

#### **On the day of surgery:**

1. Ensure the front of your scrotum is washed, clean, and shaved.
2. Take your Valium 60 minutes prior to surgery.
3. Have someone drive you to the procedure and drive you home. You should not drive while medicated.
4. Check into the clinic 15 minutes before your appointment.
5. Make sure to have an ice pack or frozen vegetables at home to help with swelling.

#### **After surgery:**

1. Follow post vasectomy instructions.
2. See your post procedure after visit summary.

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.