

Brain Aneurysm Risk Screening Card

- Personal history of brain aneurysm or subarachnoid hemorrhage⁽¹⁾
- One first degree relative with brain aneurysm (first degree includes parents, offspring and siblings)⁽¹⁾
- Two or more relatives of any degree with brain aneurysm⁽¹⁾
- Female smoker age 30-60⁽²⁾
- History of fibromuscular dysplasia, polycystic kidney disease, coarctation of the aorta or primordial dwarfism⁽¹⁾

If you recognize any of the above criteria, please discuss with your primary care physician if you are an appropriate candidate for aneurysm screening.

To find a primary care doctor that's right for you, call **904.202.4YOU (4968)** and mention that the Health Partnerships team sent you.



Quick definitions:

Fibromuscular dysplasia: the strong, flexible cells of arteries are replaced with cells that are more fibrous. Fibrous cells are less strong and also less flexible.

hopkinsmedicine.org

Polycystic kidney disease: is a cluster of cysts primarily on the kidneys that cause kidney enlargement and can lead to a decrease in function.

mayoclinic.org

Coarctation of the aorta: a narrowing of the aorta that can lead to high blood pressure and lead to damaging of the heart.

mayoclinic.org

- ⁽¹⁾ Thompson, B. G., Brown Jr, R. D., Amin-Hanjani, S., Broderick, J. P., Cockroft, K. M., Connolly Jr, E. S., ... Torner, J. (2015, June 18). Guidelines for the Management of Patients With Unruptured Intracranial Aneurysms. <https://www.ahajournals.org/doi/full/10.1161/STR.0000000000000070>.
- ⁽²⁾ Ogilvy, C., Gomez-Paz, S., Kicielinski, K., Salem, M., Maragkos, G., Lee, M., . . . Thomas, A. (2020, June 10). Women With First-Hand Tobacco Smoke Exposure Have a Higher Likelihood of Having an Unruptured Intracranial Aneurysm Than Nonsmokers: A Nested Case-Control Study. Retrieved October 28, 2020, from <https://academic.oup.com/neurosurgery/advance-article-abstract/doi/10.1093/neuros/nyaa227/5855656?redirectedFrom=fulltext>