Visitation Guidelines for Maternity Services
Baptist Medical Center South

Welcome to Baptist Medical Center South, where family-centered care is very important to us. We want your birth experience to be a special time for your family. The following guidelines are important for your safety and privacy.

Check In Process:

- When you arrive to the hospital to be seen for a pregnancy related issue, please come to Labor and Delivery on the 3rd floor to be checked in. For non-pregnancy related issues, please check in at the Emergency Department registration desk.
- To respect patient confidentiality, we may ask visitors to be seated in the waiting room initially upon admission prior to entering the unit.
- Prior to arrival, select a pediatrician for ongoing care after your discharge. If your chosen pediatrician does not round at Baptist South, our neonatology team will provide care for your baby during your hospital stay.

Visitation Guidelines:

- Visitation hours are from 5am to 9pm. Please sign in at the front desk upon entering and sign out before leaving the unit. Our units are locked at all times, and doors are controlled by the staff.
- **One** support person at least 18 years of age may stay overnight with the patient, unless the patient is in active labor.
- All support persons and visitors must be healthy and free of infection. Any visitor that has been ill or exposed to a communicable disease within the last 2 weeks should not visit Maternity Services.
- Please ensure you sanitize your hands regularly using the available hand sanitizer or soap and water.
- At certain times, visitation rules may be restricted because of the sensitivity in providing patient care and clinical necessities.
- For privacy reasons, we kindly request that visitors refrain from waiting in the hallways or outside patient rooms. Please use the designated family waiting area located just outside the unit.
- To ensure the safety of your children, it is required that an adult other than the patient is present in the room and responsible for supervising them at all times. Children should not be left unattended in the waiting room.
- To prioritize the safety of our newborns, strollers are not allowed on the unit. Thank you for your understanding and cooperation in adhering to this policy.

Labor and Delivery Phase:

- Up to four support people are permitted in the birthing room at a time.
- Children visiting during the Labor and Delivery period must be at least 12 years old.
- **No visitors will be permitted to enter or leave the room during pushing or delivery**.
- Only 1 support person is permitted in the following areas:
    - During epidural placement, in the operating room, recovery room, or triage area.
- If the patient is under general anesthesia, no support person is allowed in the operating room.
- Videotaping is prohibited in the operating room or during the delivery process. However, you are welcome to take videos and photos after the delivery. Please remember to seek permission before recording any footage. Thank you for your cooperation and understanding of these guidelines.

Postpartum/Antepartum Phase:

- Children are welcome to visit during the postpartum and antepartum phases.

- After the baby is born, the patient and one support person will receive special identification bands. Only these banded adults are permitted to be alone with the baby. Babies are not left in the care of unbanded visitors.
- Only staff members with a picture of a baby on their badge are permitted to interact with your baby. Please don't hesitate to ask a staff member to show their badge before they approach your baby.

Postpartum Readmissions:

- For readmitted patients, flexible hours for infant visitation may be arranged.
- Infant visitation requires constant supervision by an adult other than the patient.
- The patient and/or their family are responsible for providing all childcare supplies for the infant except for a bassinet.

Services We Provide:

- We provide breast pumps for your use during your hospital stay, as well as other essential items needed during labor, postpartum and for newborn care. Lactation Consultants are also available.
- You can find robes, cups, and onesies available for purchase at our gift shop.
- Birth Certificate Coordinator will assist with the filing of the Birth Certificate / Social Security information.
- Newborn photography is also available for purchase.

What to Bring with You:

- Remember to bring your car seat with you to the hospital and ensure you know how to properly install and remove the base. For assistance, you can call Safe Kids at 904-202-4302 or visit baptistjax.com/classes.
- Feel free to bring your own pillows from home to enhance your comfort during your stay.
- Don't forget to pack a going home outfit for both you and your baby. You are also welcome to bring your own comfortable clothes to wear after delivery. Also, remember to pack toiletries for your shower.
- Your room is equipped with a small refrigerator, allowing you to bring your own drinks or snacks if you wish.
- Don't forget your chargers!
- For your safety and convenience, we recommend that you leave your valuables, including jewelry, at home.
- We have a limited supply of peanut balls and CUB Chairs available for patient use during labor. While we do not offer birthing balls, you are welcome to bring your own if you would like to use one.

Food:

- Vending machines are located on the floor for your convenience.
- The hospital has a cafeteria and a Starbucks located on the first floor for your dining and refreshment needs.
- Patients receive meal trays throughout their stay. However, all visitors are required to bring their own food or purchase it on-site.

A Few More Things to Know:

- Our nursing staff conducts bedside reports as part of our routine practice. If you prefer not to have bedside reports, please inform us promptly.
- Our unit is designed to have babies' room in with their family. If you need assistance with caring for your baby, please don't hesitate to ask your nurse.
- Babies are not permitted to sleep in your bed while you are sleeping for safety reasons. (Safe Sleep)
- NICU Visitation Guidelines may be found at https://www.wolfsonchildrens.com/supporting-services/nicu-parent-guide.

If you have any questions regarding visitation, please reach out to the unit leadership.